

Messenger

Changing the world through Christ, by caring for all people.

Volume 59, Number 3

February 6, 2019

St. Mark's
United Methodist

Car Show and Food Truck Café

Friday, Feb. 8, 5:00 - 8:00 p.m.

See great cars. Eat amazing food. Come and check out the classic cars and vote for your favorites! Disc Jockey "Gilly" will spin the tunes, and pass out trophies!

Five Food Trucks!

Kiss of Smoke Barbecue

Ro's Rollout

Bugallos Ice Cream

Cody Coyote Kettle Corn

Little Boler Beanery



Chosen by Industry. Ready to Work.

Also, talk to a representative from Universal Technical Institute.

Celebrating Our Volunteers

We ♥ our volunteers!

Sunday, Feb. 17, 12:30 p.m.

Volunteering is a work of **HEART**, and February is the perfect time to express our heartfelt gratitude for all that St. Mark's volunteers do. If you volunteer in any way—folding, stuffing, ushering, singing, teaching, serving, hosting (just to name a few)—please join the church staff in Fellowship Hall to celebrate with lunch, desserts and gifts for everyone!

It's our way of thanking you, our faithful volunteers, for all you do! Please RSVP to the church office (297-2062) or info@umcstmarks.org by Wed., Feb. 13, if you plan to attend.

VOLUNTEERING
is a work of heart!

St. Mark's
United Methodist

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Multi-site Team

Thank you to everyone who took the time to visit with your Multi-site Team on Jan. 27! We appreciated all of your thoughtful comments and questions, and will work toward addressing your concerns as we continue on the path to develop a second worship site.

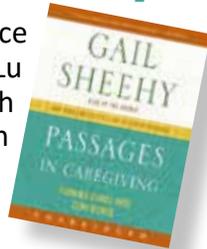
We will continue to use the **Messenger** to keep you informed about our work, and to respond to questions as they arise. We do want you to continue to express your concerns, questions and ideas to any of the members of your Multi-site Team (John Cecilia, Dean Elledge, Mark Hrabe, Brenda Hunter, Evy McDonald, Kim Ogle, Todd Penson, Tyger Penson, Christine Petrikat, Sharon Ragland, Stuart Salvatierra). We will also be considering other methods that facilitate easier communication between the members of the St. Mark's community and your Multi-site Team.

Thanks again for visiting with us the end of January!

Brenda Hunter, Multi-site Chair

Caregiver Support Group

Presented by the Counselor-in Residence program and facilitated by Mary Lu Kiracofe, this six-week class starts March 7, and will meet from 12:30-1:30 p.m., in the Library.

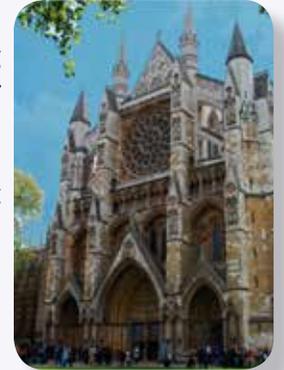


This class is for men and women facing the challenges of caregiving for a family member, or friend. As a caregiver, you understand how difficult it is to make time for yourself, yet it is essential to your own stamina, mental health and quality of care giving. Using the book by Gail Sheehy, **Passages in Caregiving: Turning Chaos Into Confidence** and the support and insight from class participants, we will explore issues ranging from receiving and understanding the diagnosis, the art of advocacy, ways of mobilizing family, friends and community resources, and last but not least, valued self-care strategies.

For questions or if you are interested in reserving a space for this class, contact Mary Lu Kiracofe (**see directory**). You may also register online at **www.umcstmarks.org**. Class size is limited so advanced registration (on or before March 4) is suggested. If you would like you may purchase or borrow the book, **Passages in Caregiving**. There are copies available from the St. Mark's Library or the public library. There is no charge for the class.

2020 Wesley Heritage Tour Information Meeting

Have you wanted to visit Great Britain and visit the sites connected to our Methodist tradition? In April, 2020, Sharon and Art Ragland and Mark and Marjie Hrabe will lead a Wesley Heritage Tour to Great Britain, visiting those sites and learning about John Wesley, the founder of Methodism.



An information meeting about the upcoming trip will be held in Fellowship Hall on Sunday, February 10, 2019 at 12:45 p.m.

Come and find out more!

Mark and Marjie Hrabe (**see directory**) or Sharon and Art Ragland (**sharon@umcstmarks.org**)

News for Parents and All Pet Lovers



The Animal Ministry Team recently purchased a book entitled **Will I See My Pet in Heaven?** and is donating it to the church Library. The book is written by Friar Jack Wintz, who uses Scripture, along with teachings from St. Francis of Assisi, to offer reassurance that God cares deeply about the animals, too.

Although the book is labeled as a children's edition, it's probably too long and wordy to simply sit down and read to a young child. (Perhaps children ten or older could read it to themselves.) But the author's words provide lots of examples of what parents can tell their children when faced with the loss of a pet. For that matter, the book offers reassurance to adult pet lovers, too! We hope many of our St. Mark's family will find this book a helpful resource if faced with such a time of loss.

*Sandi Heilman, Marlyce Wright
Chairs, Animal Ministry*

2019 WORSHIP GUIDE

There are still a few copies left of the new Worship Guide *What The Bible Really Says About...* available in the narthex of the Sanctuary. However, if you are unable to pick one up on Sunday there are copies available from the church office. Or, you may request that a Worship Guide be mailed to your home by submitting your name and mailing address via email to info@umcstmarks.org.



Campus Room Usage

If you or your group use any of the available spaces on campus for meetings, group gatherings, or social activities please make sure that you and your group are following protocol.



- All spaces must be reserved (in advance) through the office, including parking lot usage.
- Keys are available through the church office.
- If the space requires a special set up, make sure you complete a Room Set Up Request Form.
- Please be responsible about your time allotment, so the next group is not waiting.
- When finished, please make sure everything is in order, turn off lights, **lock doors**, return key.

A note regarding the Library and Rm 17/18. Please do not access the west courtyard from either of these rooms between 8 a.m./5 p.m. (Mon. thru Fri.). Unsupervised personnel cannot be in the courtyard during school hours in support of our Safe Sanctuary Policy for the Early Childhood Center.

We thank you for your continued support and appreciate your cooperation. If you have any questions or need assistance with room use on campus, please feel free to contact the church office. Shelley Gault, our Administrative Associate can assist you or email her at shelley@umcstmarks.org.

AMT Rocks!

The Animal Ministry Team (AMT) began the new year with a new project. Following a current trend, we've begun painting rocks (ours have paw prints or other animal-related images), then leaving them throughout the community for others to find. A label on the bottom of each rock says, *You've found an AMT Rock! Keep it or relocate it. Report your find at www.facebook.com/AMT-Rocks-272351456772592.*

Those who visit this Facebook page learn what AMT stands for and more about what we do. So far, three rocks have been found and reported by members of the community! We encourage the congregation to visit the page as well, to see a variety of photos from this new community-outreach project!

*Sandi Heilman and Marlyce Wright
Chairs, Animal Ministry Team*

Open Minds Book Discussion



The Open Minds Book Discussion group readings will focus on Christian living, liturgy, and sacraments in February.

We meet on the fourth Friday (Feb. 22) at 9:30 a.m. in the Library for our discussions and we welcome anyone interested to join us. Come a little early for a snack.

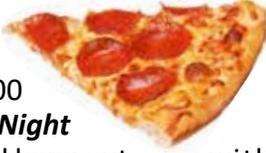
The books to choose from this month are:

- **liturgy of the ordinary** by Tish Harrison Warren
- **searching for sunday** by Rachel Evans
- **Present over Perfect** by Shauna Niequist

Choose one book to read and learn from and come join us! If you have questions, contact Jerry or Jane Bartow (*see directory*).

Kids Night Out!

Hey kids, come hang out with your friends at an event JUST FOR YOU! Friday, Feb. 15, from 5:00 p.m. to 8:00 p.m. we'll have an awesome **Kids Night Out** designed just for YOU! Come and hang out with other kids in grades K-5, make some cool crafts, watch a movie and of course EAT PIZZA! Parents please RSVP to Rachel (rachel@umcstmarks.org) at the church office and reserve a spot for your kids today!



Common Grounds

Calling all adults in their 20s-40s! Common Grounds is the place for you. We have multiple groups, there is something for everyone in their 20s, 30s, and 40s. We have Sunday morning Bible Study, Wednesday evening discussion groups and monthly fellowship meetings. Please join us for our next fellowship time on Saturday, Feb. 16, 6:00 p.m. to 8:00 p.m. in the church Library for coffee, conversation and sometimes some competition!



We have potluck style snacks (February's theme is bring a recipe you LOVE.), or you are welcome to come without a dish! We would love to see you there! Contact Rachel (297-2062 or rachel@umcstmarks.org) at the church office with any questions.

Just Breathe Holy Yoga



Holy Yoga is a beginner to intermediate level class designed to provide students an opportunity to connect with God, information on the benefits of yoga and yoga terminology, Holy Yoga philosophy, breath work, Scripture meditation, in-depth instruction of the primary poses, and experiential worship through a Slow Flow 101 Yoga class.

There is a \$5 suggested donation per class with proceeds going to support St. Mark's outreach projects. Drop-in students are welcome, or contact Tricia Chester ([see directory](#)).

Class Schedule:

- ▶ Mondays, 9:15 a.m., Fellowship Hall
- ▶ Thursdays, 6:30 p.m., Fellowship Hall
- ▶ Sundays, 4:00 p.m., Fellowship Hall

*Tricia Chester,
Certified Holy Yoga Instructor*

UMW February Meeting

St. Mark's United Methodist Women will meet on Tuesday, Feb. 12, 2019 at 10:00 a.m. in the Library. Please join us at 9:30 a.m. for refreshments and fellowship. The program (presented by Linda Salfen, Spiritual Growth Coordinator) is **Prayer and Self Denial**. The focus this year is working for equal opportunities for children and youth and their well-being. An offering will be taken to support programming and advocacy for children.



All women of the church are invited. You do not have to be a member of St. Mark's UMW or St. Mark's United Methodist Church to attend. Childcare can be requested by contacting the church office before Friday, Feb. 8, 2019. Should you have questions or need a ride, contact Kay Hayworth ([see directory](#)).

Altar Flowers

If you wish to provide flowers for the altar during Sunday worship, there are still a number of weeks still available during the 2019 calendar year. The sign-up board is in the Sanctuary narthex marked **Altar Flowers**. Please write your name and phone number next to the week(s) you wish to donate flowers. There are still openings in March, April, May, June, July, Sept., Oct., Nov., and Dec. It's a great way to celebrate birthdays, anniversaries and graduations or honor loved ones.



SOUL STATION

Wednesday Worship Service

Join us at **Soul Station** our mid-week, casual service at St. Mark's! We gather in Fellowship Hall at 5:45 p.m. for dinner followed with discussion about timely Scripture. We end the evening with Holy Communion at 7:05 p.m.

Our casual service includes a children's program and daycare is available for families that may need that service. Everyone is welcome to attend this inter-generational, casual service.

Our February program schedule follows:

Wed., Feb. 6
Valentine cards for shut-ins

Wed., Feb. 13
Love Your Neighbor and what that really means.

Wed., Feb. 20
Exploring the meaning and art of forgiveness.

Wed., Feb. 27
A time of prayer.

Volunteers needed!

Each week at Soul Station we begin with a meal. That meal is prepared by volunteers, except for the last week of each month which is POTLUCK. Usually, a St. Mark's committee or group gets together to prepare the meal for approximately 70+ people. Individual families and friends may also volunteer their time.

There are still a number of weeks open on the 2019 calendar for volunteers to sign up to prepare a meal. If you or your group/committee would be interested go to the Signupgenius website at: <https://www.signupgenius.com/go/70a094dadaa2faaf85-soul>.

If you have questions or need more information about preparing meals, please contact Rev. Dr. Evy McDonald (297-2062 or evy@umcstmarks.org).



Musical Musing!

Thank you so much for your attendance and generous financial support at our previous *Musical Musings celebration of music series* sponsored by St. Mark's Music Ministry. We hope to see you at the next few performances! Mark your calendars so you don't miss these last few events - right here at St. Mark's.

UA SYMPHONIC CHOIR

Friday, Feb. 22—7:00 p.m. Sanctuary
UA Symphonic Choir, under the direction of Dr. Elizabeth Schauer, returns to St. Mark's for another artful and engaging performance of music celebrating diversity, unity and inclusion.



St. Mark's CELEBRATION SINGERS

Sunday, March 31—3:00 p.m.

Sanctuary
St. Mark's Celebration Singers choir will perform its annual spring concert. Followed by a reception in the Fellowship Hall.



DAYBREAK

Sunday, May 5—3:00 p.m.

Sanctuary
Daybreak is an a capella men's quartet, singing in the barbershop style. Members of the Tucson Sunshine Chapter of Barbershop Harmony Society in Tucson will provide a delightful afternoon of entertainment!



REFLECTIONS - Continued from page 8

Here is another prayer resource:

Mighty God, We come to you. We pray to you. We know that you are with us and long to guide our thoughts, words and actions. Help us listen to you and be one with you as we speak and act. Free our hearts from all that pulls us away from you, including hatred and misunderstanding. Pour out your Spirit of love and compassion upon us. Move among us by the power of your Spirit and grant us your wisdom. In Jesus' name. Amen.

I expect that when General Conference ends, St. Mark's will continue with the work we do in Jesus' name – worship, study, reach out into the community, welcome and care...."Changing the world through Christ by caring for all people."

Blessings, Sharon

PRAYER CORNER

We are a praying community at St. Mark's. Besides Sunday worship, you may submit prayer requests by email to prayerchain@umcstmarks.org or from our website www.umcstmarks.org. Also, visit our Prayer Room on campus and leave a prayer on our prayer wall.

Jared Bowman & family
Clara and Michael Campbell
Donald Chester
Judy Drescher

Keith & Mary Ann Glazier
Carolyn Hanna
David & Floretta Harrington
Patricia Keele

Wanda & Ray Loughney
Jean Ogle
Gina Russell
Marian Shultis

Carol Underwood
Jackie Vickers
Connie White
Lindsay Williams

CONDOLENCES:

Bill Williams, former long-time member of St. Mark's, passed away on Jan. 11, 2019. He was with his children in Colorado. Please remember his family in your prayers.



BIRTH ANNOUNCEMENT:

We celebrate the birth of *Magnus Espen Jacobson* on Jan. 18, 2019 to Kirk and Tara Jacobson. He was welcomed home by big sister, Harley. Congratulations!

LOVED ONES IN THE MILITARY

Please keep these people in your prayers. Email additions or updates to messenger@umcstmarks.org.

Hank Bautzmann, son of Nancy Bautzmann
Alex Boettcher, grandson of Carla and Paul Boettcher
Jon Chytka, nephew of Donna Severson
Zachary Dojaquez, grandson of Donna Severson
Patrick Emmett, son of Julie Wiens
Mike Freeman, son of Ken & Ann Freeman
Garrett Geer, grandson of Ellen Wise
Matthew Hughey, son of Juliee & Billy Morrison and grandson of Joyce Flick
Patrick Harris, grandson of Marilyn Vaughn
Rachel Kester, daughter of Don & Ruth Kester
Chad Long, grandson of Pat Long

Jake Newton, son of Robert & Cheri Newton
John O'Regan, husband of Ashley O'Regan and grandson-in-law of Janet Krug
Brian Osborn, pastor in the DSW Conference
William Putt, son of Harold & Susan Putt
Geoffrey Shafe, grandson of Mary Langemeier
Jason Smith, grandson of Jerry & Judy Smith
Clint Staschke, son-in-law of Cliff & June Young
Michael and Karisa Szczygiel, daughter and son-in-law of Joyce Flick
Brianna Walker, granddaughter of Barbara Fradenburgh; niece of Joan Fradenburgh



WASS UP?

February 6, 2019

Volume 20, Issue 3



UPCOMING MIDDLE SCHOOL AND HIGH SCHOOL EVENTS

February 10, 2019—

High School—
Discussion Study off campus

Middle School—
Mission Sunday
“Tag, You’re Loved”

February 17, 2019—

4:00 to 6:00
Campfire & S’mores

February 24, 2019—

2:30 to ???
U of A Hockey
IceCats vs ASU



Hey Preteen's, February will be lots of fun for our group. Hope to see you all on Sunday.

Blessings,
Julie

February 10th -
Cooking / Valentine activity..... we might even talk about God's unconditional Love for us.

February 17th-
Game Night

February 24th — Two Days out of School!
Rodeo weekend



Who wants to go to a hockey game? Some of the Youth Council members are very interested in hockey. so we thought we'd go to an IceCats game. We don't usually have youth group over Rodeo week-end. but hey. the game is against ASU !



Find us on Social Media!



St. Mark's Youth Group



stmarksumyf

a note from the

YOUTH DIRECTOR

Have you sent in your registration paperwork for Youth 2019? Youth 2019 is the quadrennial youth event for UM youth from coast to coast. You can look at youth2019.com for info on the event. It's July 10-19, in Kansas City, MO. As you'll see on the site, there will literally be thousands of United Methodist teens at the event. The worships have professional praise bands and amazing speakers.

The UM General Board of Discipleship puts the conference together every four years. Why? Seriously. Why would a professional board in our denomination meet and work for a couple of years to put together a huge youth event?

Answer: Christianity is a corporate function. We worship together; serve together; learn together; and share fellowship together. For those reasons, and more, we want everyone who is currently in grades 8-12 to have the opportunity to go to Youth 2019. Scholarships are available. Contact me, if you have questions.

Blessings,
Kim

LOVE WELL
YOUTH 2019

KANSAS CITY, MISSOURI | JULY 10-14, 2019

Middle School Moments

A friend of mine has this cool calendar that has what "National" day every day is. January 21 is National Hug Day. May 10 is National Clean Your Room Day. November 17 is National Take A Hike Day. One of my favorites is February 17...National Random Act of Kindness Day.

I love the idea of doing something nice for someone just because. I love buying Starbucks for the car behind me in the Drive Thru. I have a friend who buys cards and gift cards and just leaves them in random cars in parking lots, hoping to make someone smile.

This month, Middle School has a really fun mission project that will take place on National Random Act of Kindness Day, but we need all the help we can get on the 10th, so that we are totally ready to go! I can't say more here, but trust me when I say you want to help out on this one!

See you Sunday!
Rachel



MIDDLE SCHOOL
MISSION

MAY 28-31, 2019

Calendar Notes

Fri., Feb. 8

5:00 p.m. Car Show and Food Truck Café

Sat., Feb. 9

8:00 a.m. Memorial Garden workday

2:00 p.m. Primavera, Kitchen

Sun., Feb. 10

9:45 a.m. Confirmation

12:45 p.m. 2020 Wesley Heritage Tour-Info Mtg.

4:00 p.m. Holy Yoga, Fellowship Hall

4:00 p.m. Preteens, Rm 8/9

4:00 p.m. Youth Group, Wesley House

Mon, Feb. 11

9:15 a.m. Holy Yoga, Fellowship Hall

Tues., Feb. 12

9:00 a.m. Coffee Chat (Old Times Kafe)

9:30 a.m. UMW Feb. meeting, Library

5:30 p.m. Advisory Board, Library

6:30 p.m. SPRC, Conf. Rm

6:30 p.m. Worship Committee, Rm 20

6:45 p.m. Missions Committee, Rm 23

Wed., Feb. 13

Noon BULLETIN DEADLINE

5:45 p.m. Soul Station Dinner, Fellowship Hall

6:20 p.m. Soul Station Worship, Fellowship Hall

6:15 p.m. Common Grounds, Library

6:30 p.m. Finance Committee, Conf Rm



St. Mark's Messenger

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St. Mark's UMC
1431 W. Magee Road
Tucson, AZ 85704
(520) 297-2062

Email:

info@umcstmarks.org

Website:

www.umcstmarks.org

Lead Pastor:

Rev. Sharon Ragland

Associate Pastors:

Stuart Salvatierra

Rev. Dr. Evy McDonald

Sunday Worship:

8:15, 9:45*, 11:15 a.m.

*Live-streamed at

www.umcstmarks.org

Soul Station

Wednesday Night:

Dinner - 5:45 p.m.

Music/Programs

6:15-7:15 p.m.

Dear Church Family ...



My amazing church family, thank you each and every one, for the prayers and beautiful cards of support. I had a small set back when I came down with an upper respiratory infection, but all is well now.

Thank you again, *Janet Krug*

I want to express my deepest appreciation for cards and the plethora of prayers you continue to send my way, from these last two surgeries and for always. I am blessed BEYOND belief. The biggest blessing by far is belonging to this incredible church family. You have taken me in as the orphan. How do you respond to or properly thank for something like that? There just aren't any or enough words to express my sincerest gratitude to all of you beautiful and incredible people.

With Love in His Name, *April DuBoce*

The family of Hazel Roberts would like to thank all the Pastors and the congregation that prayed, visited, and sent cards during her illnesses. We especially appreciate the visits, prayers and cards after her passing. Mom so loved her new church home.

Allan and Greta Roberts

Address Service Requested

If you would like to receive the Messenger electronically, and discontinue your paper copy, submit a request to messenger@umcstmarks.org

Reflections

Looking Ahead

What the Bible Really Says About...(our worship theme for 2019) grew out of reading and praying and, most of all, listening to people's questions about what was in the Bible, how to find certain passages and what the Bible said about difficult subjects like suffering. People also asked about some quotes or passages, "Is that even in the Bible?" I developed a series of messages for this year based on some of those questions.

Beginning on Feb. 10, the worship focus will be **Famous Passages and Where to Find Them**. Bring your worship guide as we look at the Lord's Prayer, "Do Onto Others", "Love the Lord Your God", and Psalm 23. If you need a worship guide, call the church office (520-297-2062).

Lent begins with **Ash Wednesday on March 6**. That day you can come to Sanctuary for imposition of ashes and a blessing from 6:00 a.m. to 9:00 a.m. Worship will be at 6:30 p.m. with Holy Communion and a chance to receive ashes. Lent is the 40 days leading up to Easter, which is April 21, this year.

will be held in St. Louis from Feb. 23-26, 2019. At this Conference, 864 delegates (equal number of clergy and laity) from all over the world will be in a time of prayer, worship, consideration of legislation and decision making around matters related to human sexuality, specifically how the UMC will relate with LGBTQ people in the future. Much more information can be found at dscumc.org (our Desert Southwest Conference website) or umc.org (the United Methodist Church website.)

Two delegates will represent our Desert Southwest Conference—Rev. Dan Hurlbert and Jim Nibbelink. Alternate delegates Rev. Anthony Tang and Billie Fidlin will be assisting them, along with others from our Conference who will attend. Our role is to be in earnest and intentional prayer for the General Conference. For some specific prayer resources, go to <https://umcprays.org>

In addition, our church has set up a prayer vigil during General Conference. You can sign up on the Signupgenius <https://www.signupgenius.com/go/70a094dadaa2faaf85-prayer1>. You may pray at any time, though!