

Next Steps – Do your part

Small steps

[United Methodists Stand Against Racism \(umc.org\)](https://www.umcdiscipleship.org/articles/praying-for-change-daily-prayers-for-anti-racism) (UMC)

Pray for racial justice: <https://www.umcdiscipleship.org/articles/praying-for-change-daily-prayers-for-anti-racism> (UMC)

Change your language <https://news.yahoo.com/11-everyday-words-phrases-racist-164325356.html>

Interact with and befriend people who are different from you

Support minority owned businesses here in Tucson:

Local black-owned businesses: <https://blaxfriday.com/>

Minority owned businesses:

http://www.myownarizona.com/06A2_tucson_minority_owned.html

Shop San Xavier Plaza

Donate to racial justice causes

Subscribe to a podcast such as [NPR Code Switch Podcast](#)

Microaggressions

The little things we do and may not realize it! Recognizing the things we do: <https://www.r2hub.org/library/overt-and-covert-racism> (UMC)

Responding to microaggressions:: "[Racial microaggressions: examples and phrases for productive dialogue](#) (June 2020)

How to be an Ally

[How To Tell Someone They Sound Racist](#) (July 2008, 3 minute video)

[Message to White Allies from A Black Anti-Racism Expert: You're Doing It Wrong — White Ally Toolkit](#) (June 2020)

St. Mark's UMC is a member of Pima County Interfaith (PCI). They discern the underlying injustices in the community and then through actions hold government and business officials accountable. Watch a 2 minute video at

<https://www.pimacountyinterfaith.org> or contact Church and Society to get involved.

Book: [How To Be An Antiracist](#) - Ibram X. Kendi (August 2019, non-fiction)

Talking to kids

[14 Antiracist Books for Kids and Teens Recommended by BIPOC Teachers and Librarians](#) (November 2020)

Barbie Dolls <https://www.kens5.com/article/news/community/together-we-rise/barbie-evolution-diversity-inclusion/273-7f08eba7-30a2-42c1-a10e-151d140a7427> (4 minute video, May 2021)

[What I am learning from my white grandchildren -- truths about race | Anthony Peterson | TEDxAntioch](#) (Nov 2014, Ted talk, 19 minutes)

[How to Diversify Your Toy Box](#)

[PBS KIDS Talk About FULL EPISODE | Race & Racism | PBS KIDS](#)